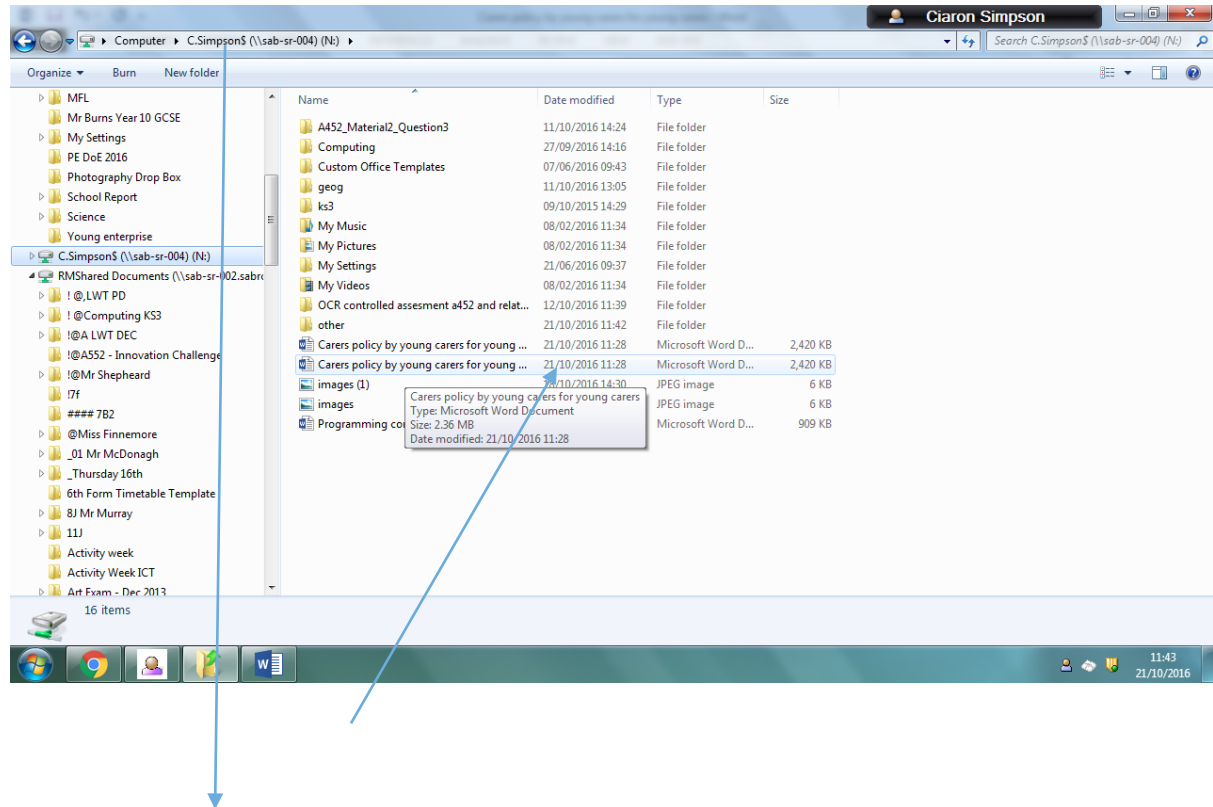


## Here is the Young carers policy I, Lucy Bennet, Daniel Murphy, And Anaya Hilton made 4 months ago

The process of making the document involved myself and the other Young carers analysing the original policy and we made. It involved the process of finding the problems within the original policy such as how detentions could be handled. We used our own experiences to agree on what could be handled as well as respecting the rules of the school when applied to Phones and such.



Here is the Young Carers Policy by carers for carers saved onto my pupil area upon the school system.

**Young Carer's Policy – St Ambrose 2016****17/6/16**

What is a young Carer? A young carer is any person under the age of 18 (but over 5) who is either the primary or secondary carer for a person who suffers from: mental health issues, physical disability, addiction or drug abuse issues. Any unidentified young carers fit into the same criteria only they haven't been recognised by a local young cares service, organisation or charity. There's an estimated 2500 – 3000 unidentified young carers in Salford alone

**Issues young carers in high-school may face**

<i>ISSUE</i>	<i>SOLUTIONS</i>
<i>Lates detention</i>	Exemption
<i>Homework</i>	Postpone/excuse
<i>Lack of focus</i>	Time out of lesson
<i>Bullying</i>	Stop the Bullying
<i>Misunderstanding</i>	Educate/raise awareness
<i>Stigma</i>	Educate/raise awareness
<i>No stress relief</i>	Time out of lesson
<i>Speaking to people we don't want to speak to</i>	Talk to Ms Wright
<i>Exams (non GCSE)</i>	Postpone for the Young Carer

**PSHE day & Carer week**

On personal social health educational days that take place from 6 – 12<sup>th</sup> June (carers week), we will be presenting a toolkit created by Salford young carers and the Lowry! We will also be teaching lessons and other presentations to the general school populous on what is a young carer, how old does a young carer have to be, what support they receive. We will teach non young carers about young carers we will identify new young carers and try to offer support.

**Seeking help for young carers**

In school you can contact Ms Wright to ask for her help or advice on the situation you are in whether it is physically or mentally. If you don't want to contact anyone in school there is a website you can go on called TOOTOOT and then you can express your problems to them. Or there is a councillor in school and you can go to her about your issues and worries.



The school has already made a young carers school policy but wasn't adapted to reflect young carers lifestyle and issues.

Lucy Bennett, Daniel murphy, Anaya Hilton, Ciaron Lee Simpson