

St Ambrose Barlow RC High School



DIABETES POLICY

September 2024

Person Responsible: Gareth Jones

Ratified by Governors:

Date of planned Review: September 2026



LOVE

A place of love where **everyone is welcome and respected.**

A family of faith where **everybody matters;** where we are **unique together;** where we plant the seed that will one day **flourish.**

A **community with Christ** at the centre where the dignity of each person is celebrated so that they can **embrace excellence.**

I AM RESPECTFUL
I AM KIND
I AM INSPIRING



LEARN

A place to learn that is **alive with inspiring experiences** and a curriculum rich in knowledge and wisdom.

A family of faith where together we **seek truth, celebrate endeavour and achievement.**

A community that **values curiosity and nurtures learning** into action in the service of others.

I AM READY
I AM CURIOUS
I AM BRILLIANT



LEAD

A place to lead where young people grow to become men and women for others, **creative and courageous, ambitious** for the higher gifts.

A family of faith where we serve with **integrity, hope and determination.**

A community that values justice for the most vulnerable so that all may have **life to the full.**

I AM CREATIVE
I AM BRAVE
I AM A PROBLEM SOLVER

DIABETES POLICY

The school recognises that diabetes is a widespread condition affecting many children and welcomes all pupils with the condition and recognises its responsibility in caring for them. All relevant staff will be given training on diabetes management and will be expected to update this annually.

- All pupils with diabetes have an Individual Health Care Plan
- All relevant staff have a clear understanding of diabetes and are able to recognise common signs and symptoms associated with the condition
- Pupils will be encouraged to recognise the signs and symptoms and support their fellow pupils
- Staff are informed each year of those children who have diabetes and a printed copy of names is given to Heads of Department to keep confidentially
- The catering staff are also aware of all diabetic pupils in case high sugar refreshments are needed urgently – high sugar drinks are available in the school office
- The school will work in partnership with all parties to ensure the policy is implemented and maintained and to ensure effective communication of the policy

DIABETES POLICY

Diabetes is a condition in which the amount of sugar in the bloodstream is too high. This comes about because the body fails to either produce insulin or enough insulin to deal with the sugar.

As a result the sugar builds up in the blood causing Hyperglycaemia. People with diabetes control their blood sugar levels with diet which provides a predictable amount of sugar and carbohydrate and insulin injections. Children particularly can have emotional and behavioural difficulties as a result of their condition and much support is required.

Hypoglycaemia – low blood sugar

Hyperglycaemia – high blood sugar

Causes of Hypoglycaemia

Inadequate amounts of food eaten, missed or delayed

Too much or too intense exercise

Excessive insulin

Unscheduled exercise

Recognition of Hypoglycaemia

Onset is SUDDEN

Weak, faintness or hunger

Palpitation (fast pulse) tremor
Strange behaviour or actions
Sweating, cold, clammy skin
Headache, blurred vision, slurred speech
Confusion, deterioration levels of response leading to unconsciousness seizures

Treatment of Hypoglycaemia

Call or send for a first aider
Ensure the child eats a quick sugar source e.g. glucose tablet, gel or fruit juice Wait 10 minutes and if the pupil feels better, follow with a carbohydrate type snack e.g. biscuit, cereal bar, etc.
Once recovered allow to return to normal school activities
Inform parents or guardian of episode

If the child becomes drowsy and unconscious the situation is LIFE THREATENING

Call 999 and request an ambulance
Place the child in recovery position and stay with the child Contact the parent/guardian

Causes of Hyperglycaemia

Too much food
Too little insulin
Decreased activity
Illness
Infection
Stress

Recognition of Hyperglycaemia

Onset is over time – hours or days
Warm dry skin, rapid breathing
Fruity sweet smelling breath
Excessive thirst and increasing hunger
Frequent passing of urine
Blurred vision
Stomach ache, nausea, vomiting
Skin flushing
Lack of concentration
Confusion
Drowsiness that could lead to unconsciousness

Treatment of Hyperglycaemia

Call and send for first aider

Encourage child to drink water or sugar free drinks

Allow child to administer extra insulin

Permit child to rest before resuming activities if feeling well enough Contact parent or guardian



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#IAMONBOARD